



# 2019 Annual Meeting

Wednesday, October 30, 2019

# Agenda & Presenters



Welcome & Opening Remarks

President's Report

Sharing Best Practices

Executive Director Advisory Council

Kidney Patient Advisory Council

Medical Advisory Council

Attendee Q&A

Adjournment

Ralph Atkinson, MD, President

David Henner, DO, MAC Chair &  
President-Elect

Sue Caponi, EDAC Chair

Derek Forfang & Maile Robb, KPAC  
Co-Chairs

David Henner, DO, MAC Chair &  
President-Elect



# What is the Forum?



All ESRD Networks are members of the Forum of ESRD Networks, which is a not-for-profit organization that advocates on behalf of its membership and coordinates projects and activities of mutual interest to ESRD Networks. The Forum facilitates the flow of information and advances a national quality agenda with CMS and other renal organizations.

The **Mission** of the Forum is to support and advocate on behalf of the ESRD Networks in promoting methods to improve the quality of care to patients with renal disease.

Core values: volunteerism, collaboration, innovation and flexibility, spread of knowledge, integrity, autonomy of individual ESRD Networks

December 2005



# ESRD Network 2018 Prevalence

Network	States	Facilities		Patients		
		Dialysis	Tx	Dialysis	Tx	Total
1	CT, MA, ME, NH, RI, VT	199	15	14,856	11,281	26,137
2	NY	305	13	30,337	13,025	43,362
6	GA, NC, SC	760	10	50,359	15,338	65,697
9	IN, KY, OH	639	14	33,890	14,323	48,213
<b>IPRO</b>		<b>1,903</b>	<b>52</b>	<b>129,442</b>	<b>53,967</b>	<b>183,409</b>
3	NJ, PR, VI	241	4	20,774	5,491	26,265
4	DE, PA	349	20	20,555	12,444	32,999
5	DC, MD, VA, WV	445	12	28,038	12,983	41,021
<b>Quality Insights</b>		<b>1,035</b>	<b>36</b>	<b>69,367</b>	<b>30,918</b>	<b>100,285</b>
7	FL	486	11	31,948	12,663	44,611
13	AR, LA, OK	344	10	20,808	5,893	26,701
15	AZ, CO, NV, NM, UT, WY	363	15	26,056	14,601	40,657
17	AS, GU, HI, MP, N CA	304	6	29,404	12,951	42,355
<b>HSAG</b>		<b>1,497</b>	<b>42</b>	<b>108,216</b>	<b>46,108</b>	<b>154,324</b>
8	AL, MS, TN	468	10	28,803	9,230	38,033
14	TX	716	24	52,156	17,069	69,225
<b>Alliant</b>		<b>1,184</b>	<b>34</b>	<b>80,959</b>	<b>26,299</b>	<b>107,258</b>
10	IL	329	9	20,773	8,553	29,326
12	IA, KS, MO, NE	344	13	16,927	10,248	27,175
<b>QSource</b>		<b>673</b>	<b>22</b>	<b>37,700</b>	<b>18,801</b>	<b>56,501</b>
<b>SHQA</b> (NW#11: MI, MN, ND, SD, WI)		<b>512</b>	<b>21</b>	<b>28,628</b>	<b>18,861</b>	<b>47,489</b>
16	AK, ID, MT, OR, WA	222	7	15,513	7,985	23,498
18	S CA	416	15	47,845	17,572	65,417
<b>Comagine</b>		<b>638</b>	<b>22</b>	<b>63,358</b>	<b>25,557</b>	<b>88,915</b>
<b>National Totals as of 12/31/2018</b>		<b>7,442</b>	<b>229</b>	<b>517,670</b>	<b>220,511</b>	<b>738,181</b>
<b>National Totals as of 12/31/2017</b>		<b>7,158</b>	<b>222</b>	<b>505,080</b>	<b>223,391</b>	<b>728,453</b>

# Forum Board of Directors

Effective July 1, 2019



## Executive Committee:

President:	Ralph Atkinson III, MD
President-Elect:	David Henner, DO
Past-President:	Don Molony, MD
Treasurer:	Stephanie Hutchinson, MBA
Secretary:	Chris Brown
MAC Chair:	Dave Henner, DO
EDAC Chair:	Sue Caponi, MBA, RN, BSN, CPHQ
EDAC Vice-Chair:	Brandy Vinson
KPAC Chair:	Derek Forfang
KPAC Vice-Chair:	Maile Robb

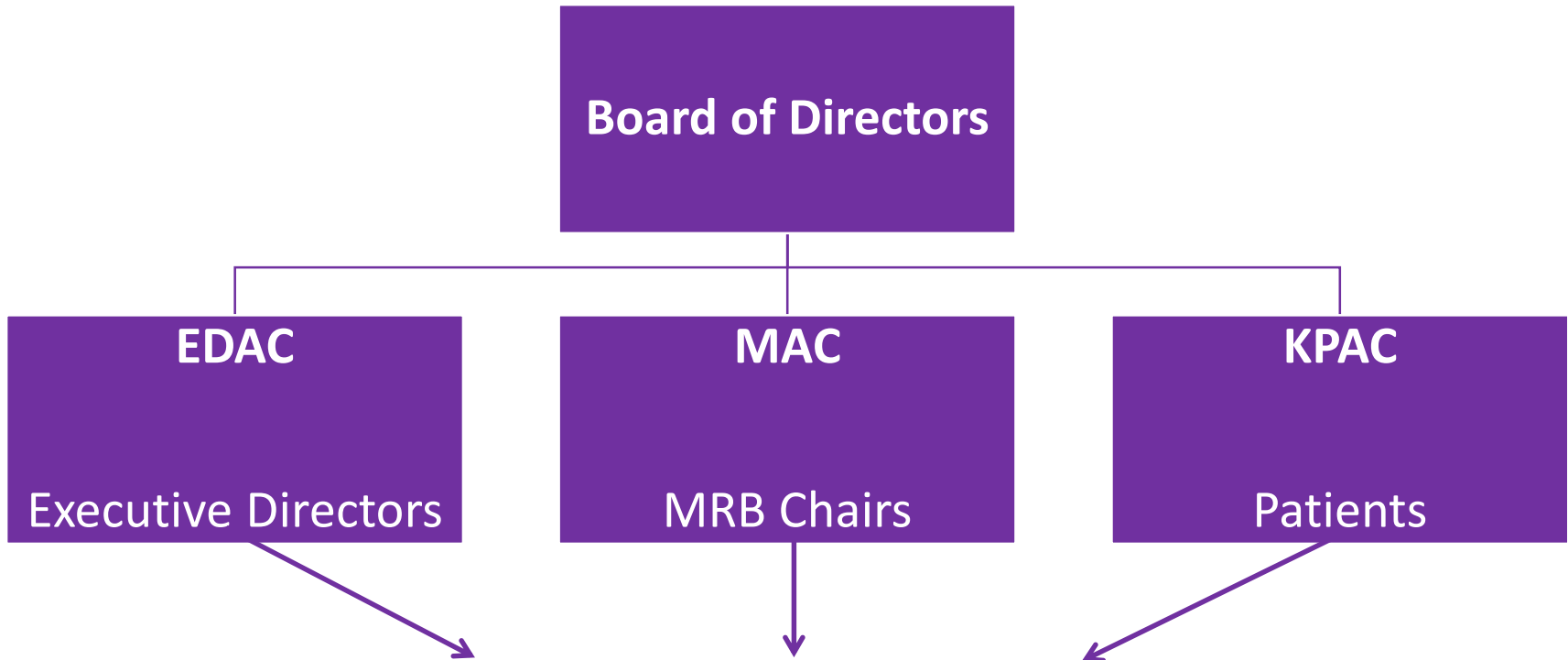
## Members at Large:

Natasha Avery, DrPH, LMSW, CHES  
Kam Kalantar-Zadeh, MD, MPH, PhD  
Robert Kenney, MD  
Kelly M. Mayo, MS  
Stephen Pastan, MD  
Katrina Russell, RN, CNN

## Ad Hoc & Emeritus:

Andrew Howard, MD, FACP  
John Wagner, MD, MBA  
Louis Diamond, MB, ChB, FACP





- Regular Calls with CMS
- Facilitate flow of information and communication across all Networks: Forum, Network staff, BODs, MRBs, PACs
- Quality Conference Webinars
- Relationships with other Stakeholders (i.e. NRAA, RPA, LDOs, NKF, AAKP, AHQA, CDC, ASN)
- Assisting the Networks

# Executive Director Advisory Council (EDAC)



<b>Chair:</b>	Sue Caponi (Nw 2)
<b>Vice-Chair:</b>	Brandy Vinson (Nw 5)
Network 1	Danielle Daley, MBA
Network 2	Sue Caponi, MBA, RN, BSN, CPHQ
Network 3/4	Chris Brown
Network 5	Brandy Vinson
Network 6	Shannon Wright
Network 7/17	Helen Rose, MSW, BSW, LCSW
Network 8	Natasha Avery, DrPH, LMSW, CHES
Network 9	Victoria L. Cash, MBA, BSN, RN
Network 10	Audrey Broaddus
Network 11	Diane Carlson
Network 12	Stephanie H. Smith
Network 13	Linda Duval, BSN, RN
Network 14	Mary Albin
Network 15	Vicki Brantley
Network 16/18	Stephanie Hutchinson, MBA

# MAC Roster

(as of 10/09/2019)



**Chair:** David Henner, DO

Network 1: David Henner, DO

Network 2: George Coritsidis, MD

Network 3: Keith Norris, MD, PhD

Network 4: Marc Weiner, MD

Network 5: Stephen Seliger, MD

Network 6:

Network 7: Mark Russo, MD, PhD

Network 8: Mandeep Grewal, MD, MBA

Network 9: Anil Agarwal, MD

Network 10: Deepa Chand, MD, MHSA

Network 11: Sana Waheed, MD

Network 12: Clifford Miles, MD, MS

Network 13: Laura Rankin, MD

Network 14: Donald Molony, MD

Network 15: Harmeet Singh, MD

Network 16: John Stivelman, MD

Network 17: Ramin Sam, MD

Network 18: Kam Kalantar-Zadeh, MD, MPH, PhD

Ad Hoc Member: Stephen Pastan, MD

EDAC Rep: Stephanie Hutchinson (16/18)

QID Rep: Barbara Dommer-Breckler (16/18)

KPAC Rep: Maile Robb (15)





# Kidney Patient Advisory Council (KPAC) (as of 10/29/2019)



- |             |                                   |             |  |
|-------------|-----------------------------------|-------------|--|
| Network 1:  | Walter Crosby<br>Gary Calabritto  | Network 11: | Maggie Carey<br>Patricia Bologna                       |
| Network 2:  | Stephanie Dixon<br>Dawn Edwards   | Network 12: | Mark Johnson   |
| Network 3:  | Bill Senior<br>Maribel Casas      | Network 13: | Tina Hood  |
| Network 4:  | Allen Nelson                      | Network 14: | Bobbi Wager<br>Precious McCowan                        |
| Network 5:  | Virna Elly<br>Patrick Gee         | Network 15: | Maile Robb {Co-Chair}<br>Jeff Needham                  |
| Network 6:  | Keith Taylor                      | Network 16: | Nancy Hewitt-Spaeth<br>Yalonda Moore                   |
| Network 7:  | Janice Starling                   | Network 17: | Derek Forfang {Co-Chair}<br>Doris Lew                  |
| Network 8:  | Jacqueline Bland<br>Anisha Twymon | Network 18: | David Rosenbloom<br>Olga Hernandez-Perez               |
| Network 9:  | Evan Coaker                       | EDAC Rep:   | Danielle Daley (NW 1)                                  |
| Network 10: | Amy Hoffman<br>Quin Taylor        | PSD Rep:    | Yessi Cubillo (NW 3)<br>Lisa Hall, MSSW, LICSW (NW 16) |

# Proposed Forum Bylaws Changes

Electronic vote to take place in November



## **Emeritus Membership:**

A Member retiring or departing from the National Forum of ESRD Networks shall be eligible for the Emeritus Member designation based on having made outstanding contributions to the Forum as a Member. The President has the authority to appoint Emeritus members, subject to approval by a majority vote of the Board of Directors.

*The Bylaws will be amended to include section 4.11 with the above proposed language.*

## **KPAC Chair & Vice-Chair Titles change to Co-Chairs:**

The Forum's Kidney Patient Advisory Council, with the support of the Board of Directors, proposes changing the titles of the KPAC leadership from Chair and Vice-Chair to Co-Chairs; and adding both Co-Chairs to the Executive Committee. This change in language will appear in sections 5.2.1 and 5.2.6 of the Forum Bylaws.

# The Role of the Forum

- Assisting the Networks
- CMS Communications
- Council Activities: MAC, EDAC, KPAC
- Quality Conference Webinars
- Relationships with other stakeholders
- Governance
- Improve flow of communication between the Forum and Network staff, BOD's and MRB's

## **Continued regularly scheduled calls to discuss programmatic and strategic rather than operational issues**

- Jeneen Iwugo, Deputy Director, CCSQ
- Dennis Wagner, Director, Quality Improvement & Innovation Group (QIIG)
- Paul McGann, MD, Chief Medical Officer, QIIG
- Traci Archibald, Dir. Division of ESRD, Population & Community Health, QIIG
- Renee Dupee, ESRD Program Team Lead, QIIG
- CORs, ARAs, Central Office staff

**2019: 2/27/19, 4/15/19, 8/19/19, 9/25/19**

**CMS Quality Conference Meeting with CMS Leadership – 1/31/2019**

### **CMS Org Chart:**

[https://www.cms.gov/About-CMS/Agency-Information/CMSLeadership/Office\\_CCSQ.html](https://www.cms.gov/About-CMS/Agency-Information/CMSLeadership/Office_CCSQ.html)

# CMS/Forum Communications

## In-Person Meeting – Jan 30, 2019



- ESRD unique population for opioid initiatives
- Partnering with CMMI – ESRD and CKD
- Advanced Care Planning
- ESCO Learning – sharing best practices, esp. CKD
- Flexibility of choice for Network pilot projects
- Early patient interaction regarding treatment options
- Network access to more data beyond CROWNWeb
- Toolkits – CMS recognized the value and sharing electronically
- Leveraging patients & CKD work

- Accenture Briefing Invitation: CMS' Human Centered Design Transplant Project
- Task Order One released to the 59 NQIIC/IDIQ Entities (CKD focus), includes a short list of key priorities related to the ESRD program
- CMS' continued focus on Transplantation: reducing discard kidneys and increase donor availability
- Requested clarity on the IRB Common Rule as it applies to the ESRD Network QIAs
- Forum offer to share experiences identified in the ESCO program, consideration of CKD-ESRD continuum in future
- CMS approval to provide 2728 incidence vascular data to Networks as requested by the MAC/Networks
- Forum request to lead the task of collating Network data tables to provide national vital statistics (prevalence, incidence, transplant, death)
- Advancing American Kidney Health Initiative
- Forum leaders invited to present Toolkits on May 2019 PEOC CoP Call
- Forum request for invitation to future CMS Listening Sessions
- Network Success Story: Network 3 & 4 Transplant Project
- Forum members invited to participate in an AAKH Transplant Discussion with CMS leaders (10/16/19)

# Primary Accomplishments since June 2018 Membership Webinar



- Dialysis Patient Depression Toolkit Released June 2018
- “Dialysis Patient Depression Toolkit” a collaborative webinar with AAKP & NKF highlighting the Depression Toolkit (Oct 2018)
- “The Kidney Project” with Dr. Shuvo Roy (Oct 2018)
- Annual CMS/Forum Leadership meeting on January 30, 2019, with an invitation to provide feedback on the Human Centered Design Transplant Project
- “The ESRD QIP: What every facility should know” (April 2019)
- CMS’ National Care Transitions Awareness Day (04/16/19)
- “Kidney Transplant Toolkit” hosted by the ESRD NCC highlighting the MAC toolkit (Sep 2019)
- Ongoing regular calls between CMS & Forum Leadership

# Forum Documents since June 2018 Membership Webinar



- CMS-1691-P Medicare Program: ESRD PPS/QIP (Sept 2018)
- CMS-3346-P Medicare & Medicaid Programs: Regulatory Provisions to Promote Program Efficiency, Transparency, and Burden Reduction (Nov 2018) – [Both the MAC & KPAC submitted formal comments to CMS]
- MAC provides clarification on Medicare Billing for Outpatient Dialysis in the Hospital Setting (April 2019)
- CMS-9115-P Medicare & Medicaid Program: Interoperability in the ESRD Program (June 2019)
- Hemodialysis Vascular Access: Practitioner Level Long-term Catheter Rate (Aug 2019, comments submitted to UM-KECC)
- CMS-5527-P Medicare Program: Specialty Care Models to Improve Quality of Care and Reduce Expenditures (ESRD ETC Model) (Sept 2019)
- CMS-1713-P Medicare Program: ESRD PPS/ QIP (Sept 2019)

*These documents have been uploaded to the Forum website and are available for review.*





# Collaborative Activities

- Renal Organizations
  - RPA
  - LDO (DaVita, FMC, DCI): regular calls with EDAC
  - NRAA
  - AAKP
  - KCP / KCQA
  - ESRD National Coordinating Center (KPAC representation)
  - ASN
  - Veterans Health Administration
  - NKF
  - USRDS
- AHQA
- HIT/HIE discussions: ONC, CMS, NRAA
- Centers for Disease Control
- Medical Technology and Practice Patterns Institute, Inc.
- CMS Quality Conference

# What should the Forum be?

- Support and advocate on behalf of the ESRD Networks in promoting methods to improve the quality of care to patients with renal disease
- Voice of the Patient
- Mechanism to share/spread quality improvement ideas across the Networks
- Mechanism to establish a partnership with QINs in developing population health initiatives across the CKD spectrum
- A partner organization
- An organized entity which operates consistent with reasonable business principles

# On the Horizon in 2020



- Advancing American Kidney Health
- Continued implementation of the 7 Forum Strategic Planning priorities
- Building community awareness
- KPAC companion to the Kidney Transplant Toolkit
- Updates to multiple MAC Toolkits
- Quality Webinars
- Sharing Best Practices
- Actively pursuing additional financial resources to support Forum/Network activities
- Nominations for Forum Board Elections (May 2020)



# Strategic Planning Priorities



1. Increase Board Effectiveness and Commit to Board Development
2. Resource Identification
3. Commit to Customer Needs
4. Explore and Strengthen Network/Forum Relationship with QIO/QIN Organizations & CMS
5. Sharing Best Practices, Experiences, Innovation
6. Marketing Forum Activities
7. Framework for Alliance Building

# Summer Board Meeting

August 23-24, 2019, Minneapolis, MN



Representatives from Home Dialyzors United and USRDS were invited to present at the recent Forum Board of Directors Meeting

## Home Dialyzors United

- Nieltje Gedney
- <https://www.homedialyzorsunited.org/>

### “Going Home, Staying Home”

- A curriculum on modality choices for dialysis patients
- For all CKD and dialysis patients
- Presented by both professionals and patient advocates



# Summer Board Meeting

August 23-24, 2019, Minneapolis, MN



## **USRDS** <https://www.usrds.org/>

- Kirsten L. Johansen, MD, FASN
- David T. Gilbertson, PhD
- James B. Wetmore, MD, MS
- Current contract awarded to Chronic Disease Research Group (CDRG) based at Hennepin County Medical Center, Mpls, MN
- Acknowledge the community, who has entrusted the group to meet the expectations of the contract
- Presented a history of USRDS, milestones, and overview of past Special Studies
- Demonstrated the on-line Annual Data Report (ADR) being updated, received comments from Forum members
- Welcomed an invitation from the Forum to continue discussions and an offer from the KPAC to assist with the development of a patient-friendly version of the ADR

# Pursuing financial resources to support Forum/Network activities



- Grant opportunities in the community
- Drafting a “Capabilities Statement” and Forum brochure
- Donate Button on Forum website
- Subcontracting with other organizations
- Consider a fee for future webinars, CE’s

# Balance Sheet

	(as of 9/30/19)	(as of 9/30/18)
Chase Bank Checking	32,309.11	19,100.27
Chase Bank Savings	6,121.41	56,115.64
Investments	<u>553,122.97</u>	<u>522,773.19</u>
<b>Total Assets</b>	<b>\$ 591,554.83</b>	<b>\$ 597,989.10</b>



# Sharing Best Practices, Experiences & Innovations

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**Dave Henner, DO**

# Sharing Best Practices

Advocating for the organizations that monitor the quality of chronic kidney disease, dialysis and kidney transplant care in the USA.

You are here: Home / Education

## Education

### Frequently Used Acronyms in the ESRD Program

This document was developed as part of the Forum's Kidney Patient Advisory Council. For more information, contact the Forum Office at [forumcoord@gmail.com](mailto:forumcoord@gmail.com)

[Read More...](#)

### Quality Conference: In-Person Meetings & Webinars

[Read More...](#)

### The ESRD QIP: What every facility should know

[Live event 4/10/2019] The National Forum of ESRD Networks, in collaboration with the National Kidney Foundation, will provide a comprehensive overview of the ESRD Quality Incentive Program. This session will include a QIP Performance Score Certificate with your kidney patients. Featured presenters are Andrew Howland, MD, and Dr. Robert Forfang, Chair of the Forum's Kidney Patient Advisory Council.

[Read More...](#)

### The Kidney Project - Shuvo Roy, PhD

[Read More...](#)

### NQF Project Summary Webinars

[Read More...](#)

### Dialysis Research Video

Frequently Used Acronyms in the ESRD Program

Quality Conference: In-Person Meetings & Webinars

The ESRD QIP: What every facility should know

The Kidney Project - Shuvo Roy, PhD

NQF Project Summary Webinars

Dialysis Research Video

Sharing Best Practices in the Kidney Community

Do you have a Best Practice to submit for consideration?

Best Practices Related to Treatment Modality (In-center, Home, Conservative Care)

Best Practices Related to Kidney Transplantation

Best Practices

#### News

[Quality Conference - In the News](#)

Jul 13, 2016

[Partnership for Patients](#)

Jul 13, 2016

[More news...](#)

#### Upcoming Events

[NRAA Annual Conference](#)

Oct 02, 2019 - Oct 04, 2019 — Huntington Beach, CA

[CiDO Annual Conference](#)

Oct 30, 2019 - Nov 01, 2019 — San Diego, CA

[ASN Kidney Week 2019](#)

Nov 05, 2019 - Nov 10, 2019 — Washington D.C.

[Forum MAC \(Medical Advisory Council\) Annual Meeting](#)

Nov 08, 2019 09:00 PM - 09:00 PM — Washington D.C.

[Upcoming events...](#)

# Sharing Best Practices Categories

- Treatment Modalities- In-center HD, Home dialysis, PD, Conservative Care
- Kidney Transplantation
- Quality of Care
  - Infection Control
  - Pain Management
  - Vascular Access
  - Care Coordination
- Quality of Life, Mental Health, or Vocational Rehab
- Patient Engagement
- Leadership/Staff Development
- Emergency/Disaster Preparedness
- Other

# Sharing Best Practices

## Definition

Procedure or set of processes that has been shown by research and/or experience to produce optimal results and that is established or proposed as a practice suitable for widespread adoption.

# What happens once submitted?

- Submission will undergo robust review and vetting process consisting of several committees in Forum- may include Nephrologists, patients and/or Executive Directors
- If chosen as best practice, will be proudly displayed on Forum website in Education section as best practice to be shared publically with dialysis community
- Best Practices submitted + chosen will also be shared with CMS Leadership on regular calls with Forum Leadership
- Best Practices will be shared with Networks

**Do you have a Best Practice?**



If so, submit your best practice on Forum of ESRD Networks website today!

# EDAC Report

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**Sue Caponi, Chair**

Executive Director, ESRD Network 2

**Brandy Vinson, Chair-Elect**

Executive Director, ESRD Network 5

- Executive Directors representing all 18 ESRD Networks
- Discuss issues affecting all Networks
- Determine gaps in knowledge and/or understanding
- Advise Forum Board, MAC and KPAC on areas that need to be addressed with CMS and Nephrology Community
- Share “best practices” and strategies for meeting/exceeding SOW deliverables and goals

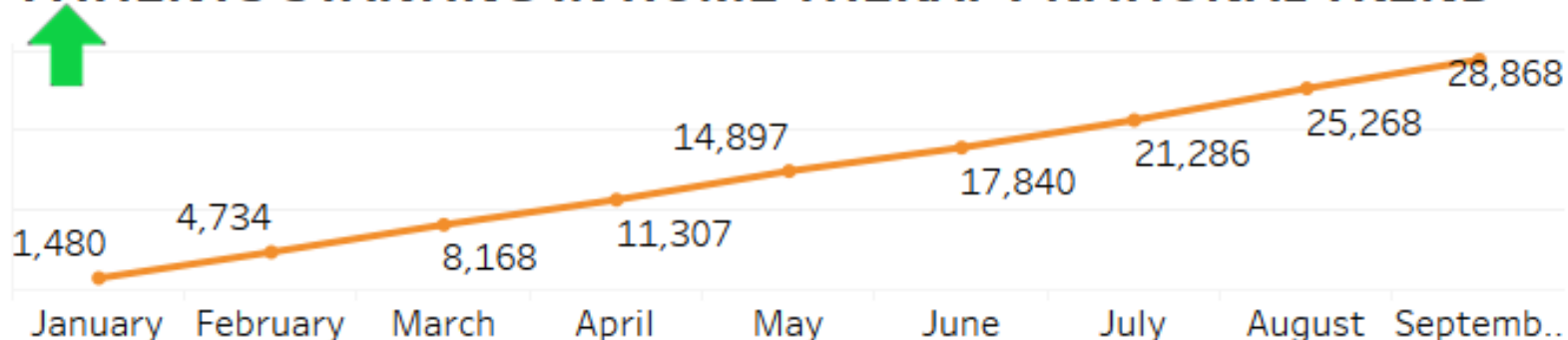




- Reduce BSIs
  - Increase eMR, HIE access to improve communication during transitions
  - Reduce long term catheter rates in those with 15% rate or higher in cohort
  - Support NHSN
- Increase Home Modality
- Increase Transplant Waitlist
- Population Health:
  - Reduce Hospitalization
  - Increase Vocational Rehab
- Also: Patient Engagement, Addressing Patient and Facility Concerns, Emergency Monitoring, Working with State Survey Agencies, Providing Technical Assistance

# 2019 Home Therapies QIA

**Goal:** 2 % point improvement in the natural trend using home modality in 30% of facilities in Network service area

## PATIENTS STARTING IN HOME THERAPY NATIONAL TREND

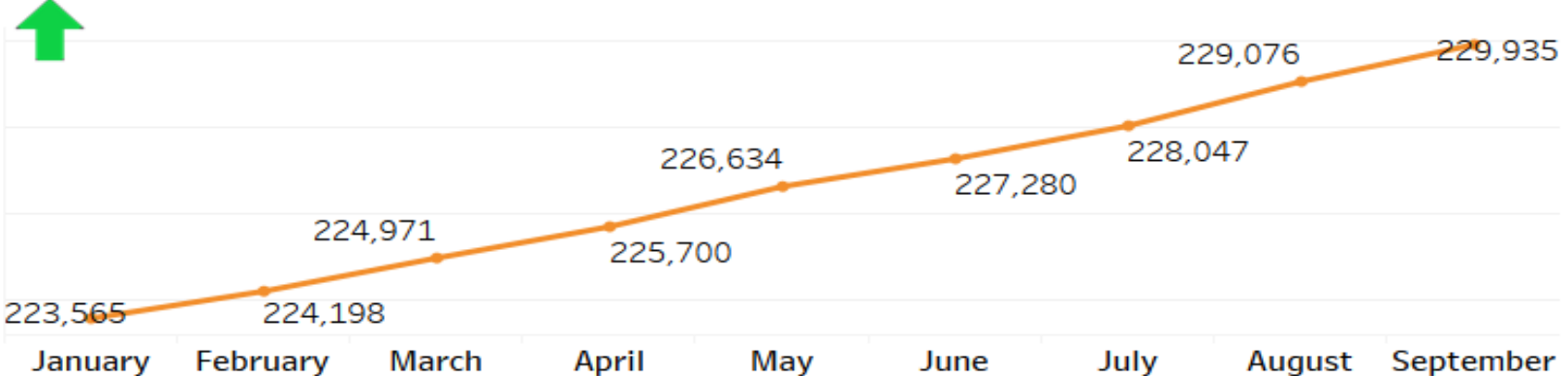


 Patients in Ho..	67,822	 Patients Starting in Ho..	28,868	 Patients in Home in 60+ D..	21,276	 Estim ated Am..	\$120,463,..
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# 2019 Transplant QIA

**Goal:** 2 % point improvement in the natural trend of patients on the transplant waitlist in 30% of facilities in Network service area.

## TOTAL TRANSPLANT PATIENT NATIONAL TREND



Kidneys T..

14,798



Patients  
Currently  
Living wit..

229,935



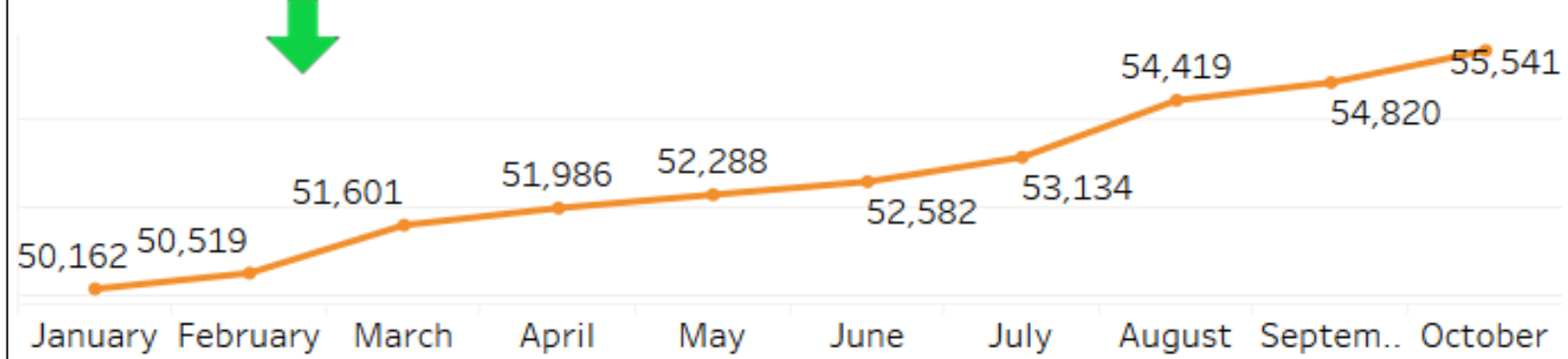
Estimated  
Amount S..

\$276,435,000

# 2019 Statement of Work

**Goal:** Reduce LTCs by 2 percentage points within QIA facilities in 50% of Network service area with the highest infection rates and those higher than 15% LTCs.

## PATIENTS WITH CATHETER 90+ DAYS NATIONAL TREND



# Option Year 4

- Option Year 4 starts 12/1/2019
- Goals of the AAKH infused through the SOW
- Largest change is the conversion of government furnished equipment to contractor furnished equipment
- Elimination of QIA targeted facilities
- Addition of Peer Mentoring as a choice for the Population Health QIA-elimination of depression and pain management choices
- Transplant Waitlist Goal decreased to 1.25%
- Home Goal increased to 2.5%
- Revised Proposals submitted 10/29/2019

# EDAC Accomplishments



- Good Relationship with CMS leadership, CORs, SMEs, and Central Office
- Successful patient engagement and inclusion in QI projects – recognized by CMS
- Successfully set up regular meetings with NRAA and LDOs
- Worked with CMS to revise the monthly report template in 2019

# 2021-2025 Statement of Work

- QIAs to align with new AAKH initiatives and payment models
- Draft SOW expected early 2020\*
- Full and open competition in late Spring (May-June 2020)\*
- Proposals due July 2020\*
- Contract Awards October 2020\*

\*estimates

# KPAC Report

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**Maile Robb, Co-Chair**

ESRD Network 15

**Derek Forfang, Co-Chair**

ESRD Network 17



## **Mission:**

To support and advocate on behalf of the ESRD Networks and to improve the Quality of Care to Patients with Renal Disease.

## **Vision:**

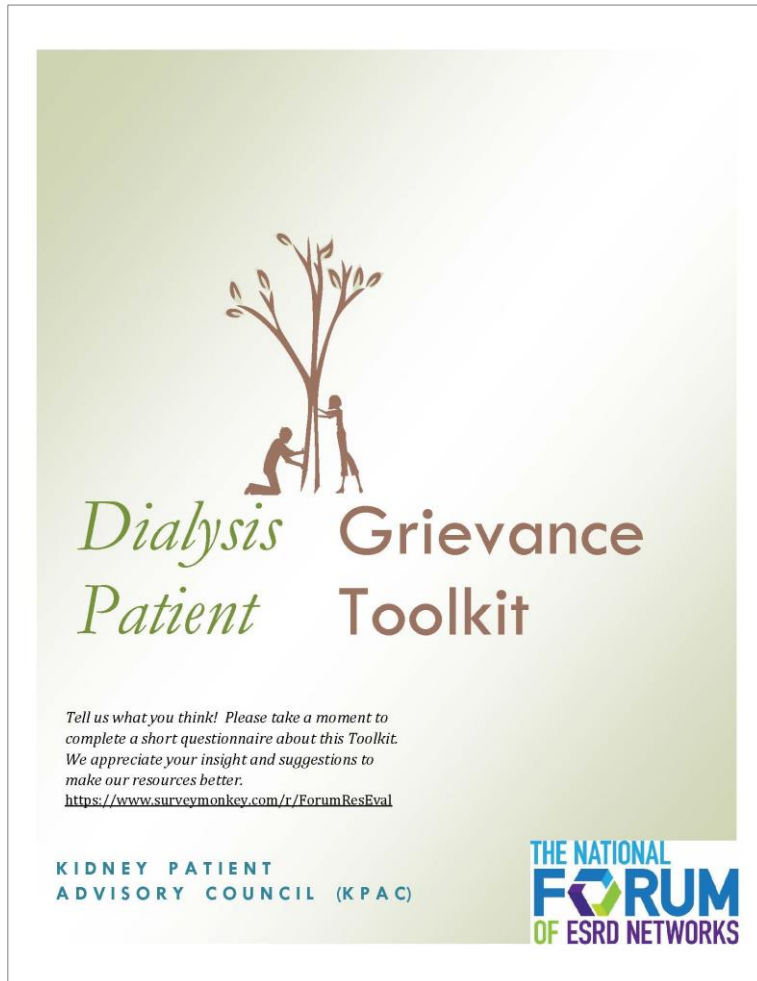
Being the Patient Eyes, Ears and Voice for CMS bridging the gap between Patient Experience and Provider Performance.

March 2015

# KPAC Recent Activities



- Expanded KPAC Membership (2 reps / Network)
- Technical Expert Panel Opportunities
- Toolkits
  - Depression Toolkit Brochure
  - Patient Companion Piece to the MAC Transplant Toolkit is under development
  - Financial Help Resources is under final review & approval
- KPAC News Hub
- Contributing to Forum Public Comments
- Community Collaborations



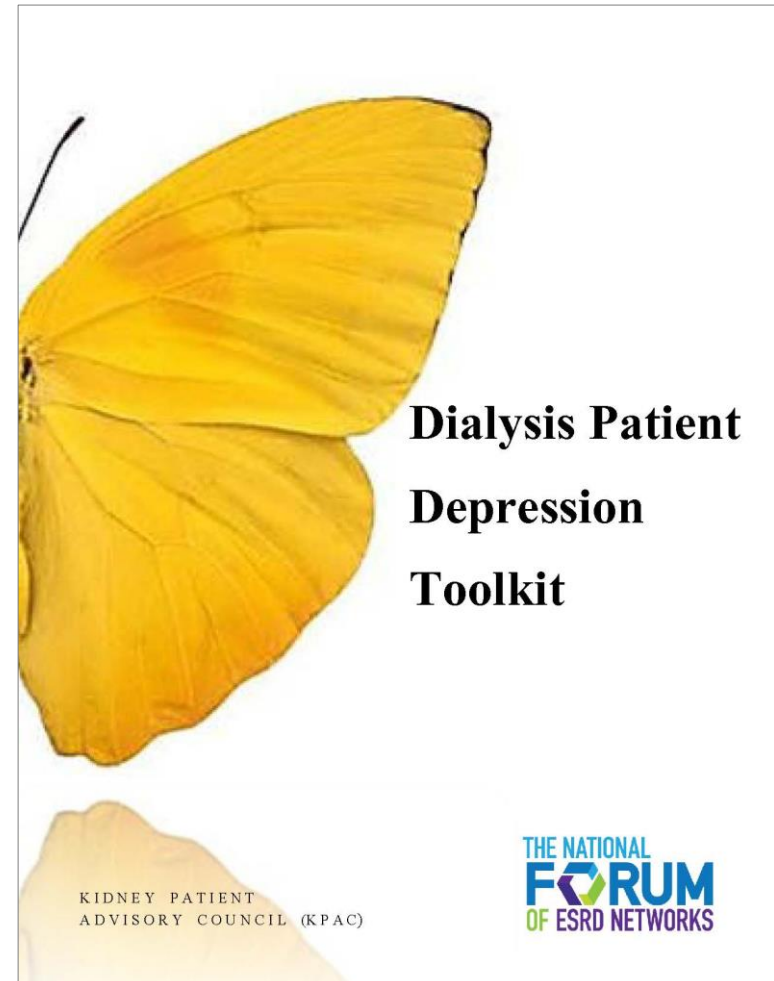
*Dialysis Patient* Grievance Toolkit

*Tell us what you think! Please take a moment to complete a short questionnaire about this Toolkit. We appreciate your insight and suggestions to make our resources better.*

<https://www.surveymonkey.com/r/ForumResEval>

KIDNEY PATIENT ADVISORY COUNCIL (KPAC)

THE NATIONAL **FORUM** OF ESRD NETWORKS



**Dialysis Patient Depression Toolkit**

KIDNEY PATIENT ADVISORY COUNCIL (KPAC)

THE NATIONAL **FORUM** OF ESRD NETWORKS

*Written BY Patients FOR Patients Spanish version also available*

# Depression Toolkit Brochure

## Brief Overview of the Toolkit's Content

**CHAPTER ONE**  
THE EMOTIONAL DEMANDS OF DIALYSIS

**CHAPTER TWO**  
SIGNS OF ANXIETY AND DEPRESSION CAUSED BY OVERWHELMING STRESS

**CHAPTER THREE**  
DO I NEED HELP?  
VALUE & DANGERS OF SELF DIAGNOSTIC TOOLS

**CHAPTER FOUR**  
WHAT TYPE OF HELP IS OUT THERE?

**CHAPTER FIVE**  
PICKING A TREATMENT PROVIDER AND HOW TO PREPARE FOR A MENTAL HEALTH VISIT

- ◆ **INFORMATION FOR PROFESSIONALS**
- ◆ **PATIENT RESOURCES**
- ◆ **ACKNOWLEDGEMENTS**
- ◆ **ESRD NETWORKS' PATIENT TOLL FREE NUMBERS/MAP**

TO DOWNLOAD A **FREE FULL COPY** OF THE

*"DIALYSIS PATIENT DEPRESSION TOOLKIT"*

PLEASE VISIT:

[WWW.ESRDNETWORKS.ORG/RESOURCES/](http://WWW.ESRDNETWORKS.ORG/RESOURCES/)



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## Dialysis Patient Depression Toolkit

KIDNEY PATIENT  
ADVISORY COUNCIL (KPAC)

Available on the  
Forum Website

# Depression Toolkit Brochure

## The Patient's Guide to Dealing with Depression Toolkit

The Forum of End State Renal Disease (ESRD) Network's Kidney Patient Advisory Council (KPAC) has developed the Dialysis Depression Toolkit to help patients who feel they may be experiencing depression.

This toolkit was designed **BY patients and FOR patients** but there are important contributions by professional collaborators who graciously joined our workgroup.

It is important to remember that we are not alone. Even if we are on dialysis and dealing with anxiety or depression, we can still have loving and productive lives. There are no limits to what we can achieve with determination and the right tools.

Many, many people have gone through the same things and we would like to share some of the things that helped us cope.

**Take a look inside for one of the many useful resources found in the *Dialysis Patient Depression Toolkit!***



## THE PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

Over the past 2 weeks, how often have you been bothered by any of the following problems?	Not At all	Several Days	More Than Half the Days	Nearly Every Day
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed or hopeless	0	1	2	3
Trouble falling asleep, staying asleep, or sleeping too much	0	1	2	3
Feeling tired or having little energy	0	1	2	3
Poor appetite or overeating	0	1	2	3
Feeling bad about yourself - or that you're a failure or have let yourself or your family down	0	1	2	3
Trouble concentrating on things, such as reading the newspaper or watching TV	0	1	2	3
Moving or speaking so slowly that other people could have noticed. Or, the opposite -being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3
Column Totals _____ + _____ + _____				
Add Totals Together _____				

The scoring is quite simple:

- All you need to do is add up the columns of 1's, 2's, and 3's and then add them together for a total score.
- There is no data available specifically for patients with renal disease, but in general, if you scored over a 10, it is considered high and you should follow-up with your social worker, or get a professional assessment.



## KPAC TRANSPLANT TOOLKIT

Transparency, Risk vs Reward, Patient Experiences

# Financial Help Resources

## FINANCIAL HELP RESOURCES

Dialysis Means Changes in our Lifestyle

### FOR HELP WITH ...

#### Medical Bills

Medicare	p. 3
State Programs	p. 4
Special Populations	p. 5
Private Organizations	p. 5
Prescription Coverage	p. 5

#### Employment

Job seeking and training	p. 7
Returning to school	p. 7
Work Incentive Seminars	p. 8
State Agency help	p. 8
Other Organizations	p. 9



#### *Dialysis Means Changes in our Lifestyle*

When we are newly diagnosed with End Stage Renal Disease (ESRD) and begin dialysis, we are given a great deal of information on the changes in our health. This is important information covering the lifestyle changes we need to make such as fluid and food restrictions. These lifestyle changes will help us stay strong and feel better. However, there are other lifestyle changes that we should be making to protect our Financial Health.

To be perfectly honest, many of us have had to accept some financial losses. Some of us have not continued to work and have had a sharp decrease in **Income**. Some of us have struggled with an increase in **Expenses** to cover both medical and non-medical costs that we were not anticipating. As a result, we may have lost assets - cars, homes, savings, college funds, etc.

These changes in both Income and Expenses have become our "new normal" but we are not prepared to

Available Soon  
Under Final Review  
& Approval

# Thank you!



Sincere Thank You to the Renal Networks and your staff members who encourage patients to join the KPAC and support the work of our Council and the Forum!

Please feel free to contact Maile or Derek if you have questions, concerns, suggestions for the KPAC:

Maile:

[thomasandmaile@yahoo.com](mailto:thomasandmaile@yahoo.com)

Derek:

[Derek.Forfang@gmail.com](mailto:Derek.Forfang@gmail.com)





# MAC Report

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**David Henner, DO**

**Chair, Forum MAC  
ESRD Network 1**

# Medical Advisory Council (MAC)

## Mission & Scope



- Provide a consistent interpretation from the physician perspective of the challenging issues faced by the Networks and Forum Board
- Work with and through the Networks to generate QA/QI initiatives aimed at improving patient care

## Toolkits

- Medical Director Toolkit
- Kidney Transplant Toolkit
- Transitions of Care Toolkit
- Inpatient Medical Director Toolkit
- Medication Reconciliation Toolkit

## Press Releases

- Medicare Billing for Outpatient Dialysis in the Hospital Setting

## Forum Position Papers and Public Comments

- Hemodialysis Vascular Access: Practitioner Level Long-term Catheter Rate (Aug 2019, comments submitted to UM-KECC)
- CMS-5527-P Medicare Program: Specialty Care Models to Improve Quality of Care and Reduce Expenditures (ESRD ETC Model) (Sept 2019)
- CMS-1713-P Medicare Program: ESRD PPS/ QIP (Sept 2019)

# Toolkits & Other Resources



Search Site

only in current section

Advocating for the organizations that monitor the quality of chronic kidney disease, dialysis and kidney transplant care in the USA.

- Home
- About Us
- Membership
- Resources & News
- Education
- Contact Us



1 2 3 4 5

You are here: Home

Welcome to the ESRD Network

Toolkits  
Tell us what you think  
News/Releases  
The Medical Advisory Council (MAC) of the Forum has created resources to assist facilities in meeting the requirements of the Conditions of Coverage. They are available for free download.

Forum Position Papers & Public Comments

Historical Documents

Decreasing Patient-Provider Conflict (DPC)

5-Diamond Patient Safety Program

Resources - Conditions for Coverage

ESRD NCC - National Coordinating Center

Disaster Planning: General Information

Disaster Planning: Network Information

Helpful Websites & Links

MAC Toolkits

Patient Toolkits

NEW!! Medication Conversion Guide

UPDATED 4/12/19: Transitions of Care Toolkit

Home Dialysis Toolkit

Medical Director Toolkit

QAPI Toolkit

Medication Reconciliation Toolkit

Catheter Reduction Toolkit

MAC Speaker's Bureau Brochure

Assurance of Diabetes Care Coordination Toolkit

Vaccination Toolkit

The Forum of ESRD  
Post Office Box 203 Birchwood  
Phone: (715) 354-3735 Fax:

[www.facebook.com/esrdnetworks](http://www.facebook.com/esrdnetworks)

## News

[Quality Conference - In the News](#)

Jul 13, 2016

[Partnership for Patients](#)

Jul 13, 2016

[More news...](#)

# Medical Director Toolkit

2012

## Medical Director Toolkit

Developed by the Forum of ESRD Networks' Medical Advisory Council (MAC)

The Forum MAC has developed a series of QAPI toolkits to assist dialysis facilities in meeting the requirements of the Conditions of Coverage.

*Tell us what you think!  
Please take a moment to complete a short questionnaire about this Toolkit. We appreciate your insight and suggestions to make our resources better.*

<https://www.surveymonkey.com/r/ForumResEval>

THE NATIONAL  
**FORUM**  
OF ESRD NETWORKS

Forum Medical Advisory Council (MAC)  
The Forum of ESRD Networks  
6/1/2012

- Updated water chapter
- Core Survey
- New QIP Chapter
- Leadership
- Including patients in QAPI

# Transitions of Care Toolkit

## Care of Transient patients

- Sample form
- Medication conversion guide

2019

## Transitions of Care Toolkit

Developed by the Forum of ESRD Networks' Medical Advisory Council (MAC)

This toolkit for health providers and practitioners is a reference tool that gives information about challenges in transitions of care and suggestions to help create solutions.

*Tell us what you think!*  
*Please take a moment to complete a short questionnaire about this Toolkit. We appreciate your insight and suggestions to make our resources better.*

<https://www.surveymonkey.com/r/ForumResEval>

THE NATIONAL  
**FORUM**  
OF ESRD NETWORKS

Forum Medical Advisory Council (MAC)  
The Forum of ESRD Networks  
First Publication: 12/01/2015  
Revised: 01/09/2017  
Revised, Transient Templates: 04/12/2019

# Toolkits & Other Resources

## Conversion Guide for Hemodialysis Patients Visiting Dialysis Facilities

This is a Guide to be used to help convert dose of medication patient currently on, to one that is available or less costly

\*\*This is only a guide- any medication changes must be ordered by/approved by Nephrologist covering patient

\*\*\*This guide is being used to help better serve patients on dialysis, and therefore includes both Brand Names and generic names of medications. The use of brand names is to facilitate use of the tool.

### Instructions on Use:

1. Look for current medication that you wish to convert in Column B and medication you wish to convert to in Column G and chose appropriate row that includes both.
2. Enter dose of current medication in column C (shaded green), and equivalent dose of medication you wish to convert to will be listed in column H (shaded red).
3. See column L for dose forms, and round dose in column H off to closest dose that can be used, using available dose forms in column L (check dialysis facility for dosage forms available)
4. Do not exceed maximum recommended dose of medication listed in column M, without specific written or electronic order entered by Nephrologist.

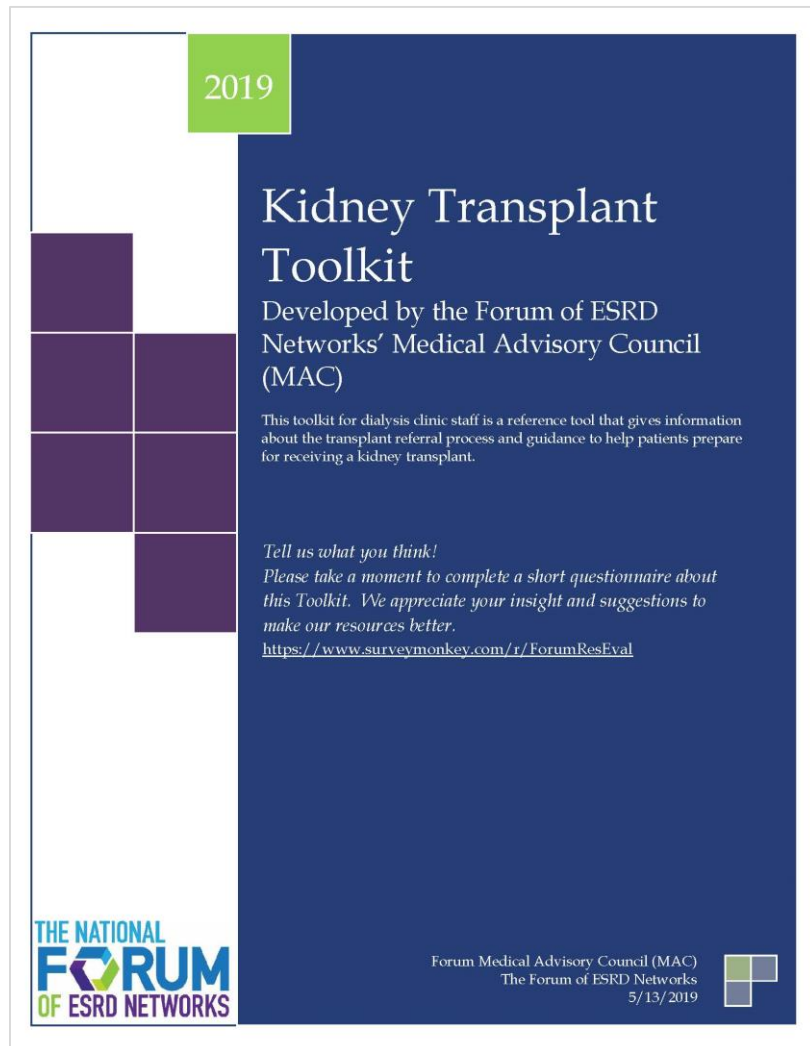
Enter Current					Equivalent				Maximum		
Current Medication	Dose Here:	Units	Route	Frequency	Substitute Medication	Dose	Units2	Route3	Frequency4	Substitute Med Dosage Form	Recommended Dose
Aranesp (Darbepoetin)		mcg	IV	Weekly	Epogen (Epoetin Alpha)	0	units	IV	q Tx	2,3, 4, 10, or 20,000 units/ml	175 units/kg
Aranesp (Darbepoetin)		mcg	IV	Weekly	Mircera (Methoxy polyethylene glycol-epoetin beta )	0	mcg	IV	q 2 Weeks	30, 50, 75, 100, 150, 200 mcg/0.3 ml	180 mcg q 2 weeks
Calcitriol		mcg	PO/IV	q Tx	Hectorol (Doxercalciferol)	0	mcg	PO	q Tx	2.5 mcg PO Capsule	20 mcg
Calcitriol		mcg	PO/IV	q Tx	Hectorol (Doxercalciferol)	0	mcg	IV	q Tx	2 mcg/ml, 4 mcg/ml IV vials	18 mcg
Calcitriol		mcg	PO/IV	q Tx	Zemplar (Paricalcitol)	0	mcg	PO/IV	q Tx	2 mcg PO caps, 2 mcg/ml IV	16 mcg
Epogen (Epoetin Alpha)		Units	IV	q Tx	Aranesp (Darbepoetin)	0	mcg	IV	Weekly	10, 25, 40, 60, 100, 200 mcg/ml	200 mcg IV Weekly
Epogen (Epoetin Alpha)		Units	IV	q Tx	Mircera (Methoxy polyethylene glycol-epoetin beta )	0	mcg	IV	q 2 Weeks	30, 50, 75, 100, 150, 200 mcg/0.3 ml	180 mcg q 2 weeks
Ferrlecit (Ferric gluconate)		mg	IV	Weekly	Venofer (Iron Sucrose)	0	mg	IV	Weekly	20 mg/ml (2.5, 5, 10 ml)	100 mg IV q tx
Ferrlecit (Ferric gluconate)		mg	IV	q Tx	Venofer (Iron Sucrose)	0	mg	IV	q Tx	20 mg/ml (2.5, 5, 10 ml)	100 mg IV q tx
Hectorol (Doxercalciferol)		mcg	IV	q Tx	Calcitriol	0.00	mcg	IV/PO	q Tx	0.25, 0.5 mcg PO, 1mcg IV	4 mcg
Hectorol (Doxercalciferol)		mcg	PO	q Tx	Calcitriol	0.00	mcg	IV/PO	q Tx	0.25, 0.5 mcg PO, 1mcg IV	4 mcg
Hectorol (Doxercalciferol)		mcg	PO	q Tx	Hectorol (Doxercalciferol)	0	mcg	IV	q Tx	2 mcg/ml, 4 mcg/ml IV vials	18 mcg
Hectorol (Doxercalciferol)		mcg	IV	q Tx	Hectorol (Doxercalciferol)	0.00	mcg	PO	q Tx	2.5 mcg PO Capsule	20 mcg
Hectorol (Doxercalciferol)		mcg	PO	q Tx	Zemplar (Paricalcitol)	0	mcg	PO/IV	q Tx	2 mcg PO caps, 2 mcg/ml IV	18 mcg
Mircera (Methoxy polyethylene glycol-epoetin beta )		mcg	IV	q 2 Weeks	Aranesp (Darbepoetin)	0	mcg	IV	Weekly	10, 25, 40, 60, 100, 200 mcg/ml	200 mcg IV Weekly
Mircera (Methoxy polyethylene glycol-epoetin beta )		mcg	IV	q 2 Weeks	Epogen (Epoetin Alpha)	0	units	IV	q Tx	2,3, 4, 10, or 20,000 units/ml	175 units/kg
Venofer (Iron Sucrose)		mg	IV	Weekly	Ferrlecit (Ferric gluconate)	0	mg	IV	Weekly	12.5 mg/ml (5 ml)	250 mg
Venofer (Iron Sucrose)		mg	IV	q Tx	Ferrlecit (Ferric gluconate)	0	mg	IV	q Tx	12.5 mg/ml (5 ml)	250 mg

# Toolkits & Other Resources

Enter Current					Equivalent					M	
Current Medication	Dose Here:	Units	Route	Frequency	Substitute Medication	Dose	Units2	Route3	Frequency4	Substitute Med Dosage Form	Re
Aranesp (Darbepoetin)		mcg	IV	Weekly	Epogen (Epoetin Alpha)	0	units	IV	q Tx	2,3, 4, 10, or 20,000 units/ml	17
Aranesp (Darbepoetin)	60	mcg	IV	Weekly	Mircera (Methoxy polyethylene glycol-epoetin beta )	96	mcg	IV	q 2 Weeks	30, 50, 75, 100, 150, 200 mcg/0.3 ml	18
Calcitriol		mcg	PO/IV	q Tx	Hectorol (Doxercalciferol)	0	mcg	PO	q Tx	2.5 mcg PO Capsule	20
Calcitriol		mcg	PO/IV	q Tx	Hectorol (Doxercalciferol)	0	mcg	IV	q Tx	2 mcg/ml, 4 mcg/ml IV vials	18
Calcitriol		mcg	PO/IV	q Tx	Zemplar (Paricalcitol)	0	mcg	PO/IV	q Tx	2 mcg PO caps, 2 mcg/ml IV	16
Epogen (Epoetin Alpha)		Units	IV	q Tx	Aranesp (Darbepoetin)	0	mcg	IV	Weekly	10, 25, 40, 60, 100, 200 mcg/ml	20
					Mircera (Methoxy polyethylene					30, 50, 75, 100, 150, 200	



# Kidney Transplant Toolkit



## Introduction

1. Selecting Patients to be Referred to a Transplant Center and the Transplant Evaluation
2. Deceased Donor Transplantation, The Kidney Transplant Operation , and Transplant Complications
3. Living Kidney Donation
4. Educating Dialysis Patients Optimally about Transplantation and Living Donation
5. Financial Toolkit for Dialysis Centers
6. The Role of the Dialysis Unit Beyond Education: Successful Care Coordination to Achieve Success in Transplant

## Resources

- Vaccination Toolkit: in process of updates on CDC guidelines re PCV-13 and PPSV-23
  - Vaccine Tracking Form
- Inpatient Medical Director Toolkit: New, under development
- Medication Reconciliation Toolkit: in process of updates to include QIP measure
- Home Dialysis Toolkit- Forum members all review to see if update needed
- Catheter Reduction Toolkit
- QAPI Toolkit

- Inpatient Medical Director Toolkit- Chapters:
  - Qualifications of Medical Director of Inpatient Dialysis
  - Design of Dialysis Unit
  - Water Systems (highlighted at NRAA Annual meeting)
  - Equipment
  - Dialysis Modalities
  - Procedures related to dialysis including vascular access
  - Collaboration with Quality Management & QAPI
  - Collaboration with Hospital Administration
  - Care Coordination & Transitions
    - With outpatient facilities where applicable
  - Education
    - Modality options
    - Access
    - Transitions of care
    - End of life/palliative care

*Mark Your Calendars!!*

2019 MAC Annual Meeting  
Wednesday, November 6<sup>th</sup>  
Washington D.C.

# MAC Annual Meeting

Washington, D.C. November 6, 2019

## Agenda (draft)

Wednesday, November 6, 2019

(McGuire Woods Office)  
2001 K Street NW #400  
Washington D.C.

5:45 PM	<i>A light dinner will be provided beginning at 5:45 pm</i>	
6:00 PM	Welcome and Introductions	David Henner, DO MAC Chair
6:15 PM	Forum of ESRD Networks History and Function	Ralph Atkinson III, MD Forum President
6:30 PM	MAC Role and Review of Recent Activities <ul style="list-style-type: none"><li>• Transplant Toolkit</li><li>• Medical Director Toolkit Updates</li><li>• Care Transitions Toolkit - Webinar</li><li>• Vaccination Toolkit Updates</li><li>• Medication Reconciliation Toolkit Updates</li><li>• Forum comments on PPS/QIP &amp; ETC Model</li></ul>	David Henner, DO Stephen Pastan, MD David Henner, DO David Henner, DO Ramin Sam, MD
6:50 PM	“Strategies to Grow HHD at Initiation or While on Renal Replacement Therapies”	David Henner, DO
7:20 PM	Coalition for Supportive Care	Robert Lockridge, MD
7:40 PM	KDQOL Alliance	Dale Lupu, Alvin Moss, Louis Diamond
8:00PM	Comprehensive ESRD Care Models <ul style="list-style-type: none"><li>• ESCO Update</li><li>• CMMI CKD Initiatives</li><li>• AAKH Voluntary Models</li></ul>	TBD
8:20 PM	ESRD Networks Update & Requests from Networks <ul style="list-style-type: none"><li>• 2019 QIA Summary</li><li>• 2020 Scope of Work (if released)</li></ul>	Ralph Atkinson, III MD
8:40 PM	Kidney Patient Advisory Council (KPAC) Updates	Stephanie Hutchinson, MBA Executive Director, Nws 16/18
8:55 PM	Final Thoughts & Assignments	Derek Forfang, KPAC Co-Chair
9:00 PM	Adjourn	David Henner, DO

# Questions? Contact the Forum Office

Dee LeDuc, Forum Coordinator: [forumcoord@centurytel.net](mailto:forumcoord@centurytel.net)

Website: <https://esrdnetworks.org/>



<https://www.facebook.com/esrdnetworks/>



[@ESRDNetworks](https://twitter.com/ESRDNetworks)

THE NATIONAL  
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*Thank you for attending*